Garlic 3000™ provides a unique combination of odorless garlic extract (50:1), equivalent to 3,750 mg of pure garlic, and herbs. Garlic has many beneficial properties used extensively in herbal medicine to aid in a variety of illnesses and complications such as hypertension, infection, the common cold and flu, and cholesterol to name a few.

Garlic has been cultivated in the Middle East for more than 5,000 years and has been an important part of Traditional Chinese medicine. Louis Pasteur studied the antibacterial action of garlic in 1858. Garlic contains a volatile oil composed of sulfur-containing compounds: allicin, diallyl disulfide, diallyl trisulfide, and others. These volatile compounds are generally considered to be responsible for most of the pharmacological properties of garlic. Several studies have confirmed that garlic exerts a broad-spectrum of antimicrobial activity against many genera of bacteria, virus, worms, and fungi.

Parsley oil contains the chemicals apiol and myristicin, two significant diuretics that are also uterine stimulants and mild laxatives. In Germany, where herbal medicine is more widely accepted than in the United States, parsley extract is often prescribed for hypertension. Parsley is known to contain the highest levels of chlorophyll among other herbs being chlorophyll rich in minerals, vitamins A, C, and E, and is a unique substance that may help reduce body odor and bad breath. Chlorophyll is the active ingredient in many breath fresheners.

Nettle was used in the 19th century. Eclectic physicians and forerunners of today's naturopaths recommend nettle primarily as a diuretic for urinary, bladder, and kidney problems. Presently, nettle is still used by contemporary herbalists especially as a diuretic.

Dandelion leaves and roots have been used for hundreds of years for liver, gallbladder, kidney, and joint disorders and complications. In some traditions dandelion is considered a blood purifier and is used for various conditions. Dandelion leaves were used historically and are continued to be used today for water retention. The plant has an excellent nutritional profile due to its valuable source of vitamins and minerals. The bitter principle taraxacin, along with the plant’s terpenoids and inulin content, are believed to be responsible for the plant’s therapeutic properties. Dandelion is used for its pharmacological activity related to the digestive functions of the liver and gallbladder.

Capsicum has been used medicinally for centuries. It is considered helpful by herbalists for various conditions of the gastrointestinal tract including stomach aches, cramping pains, and gas. Cayenne contains a resinous and pungent substance known as capsaicin which temporarily depletes "substance P", a chemical in nerves that transmits pain sensations.
Other Ingredients: Cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silicon dioxide and cellulose, film-coat.

Recommendations: As a dietary supplement, take two (2) tablets with one glass of water two (2) times daily.

Caution: Keep out of reach of children. Do not use this product if pregnant or lactating. Do not use this product if the band around the cap is broken or missing. If symptoms persist, consult a doctor. This product is manufactured in a facility that produces products containing soy, dairy, fish, and crustacean shellfish.

Storage: Keep tightly closed in a dry place and do not expose to high temperatures.

References

Disclaimer
The statements above have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.